

Stay Safe at the Pool and Beach



CORONAVIRUS DISEASE 2019 (COVID-19)



[CDC.gov/COVID-19](https://www.cdc.gov/COVID-19)

August 31, 2020

This message includes updates on the [COVID-19](#) response from CDC. The COVID-19 Outbreak is a rapidly evolving situation and information will be updated as it becomes available.



Stay Safe at the Pool and Beach

Staying six feet apart, wearing a mask, and washing your hands are just a few ways you can help slow the spread of COVID-19. This video includes these and more tips for how to [stay safe at the pool and beach](#) this Labor Day weekend.

[Watch the Video](#)



Travel during the COVID-19 Pandemic

Travel may increase your chance of getting and spreading COVID-19. Find out what to consider before, during, and after travel on our [Travel during the COVID-19 pandemic](#) web page. If you travel, take steps to protect yourself and others from COVID-19 during your trip. Wear a mask, stay 6 feet from others, and wash your hands.



Attending an Event or Gathering

If you're [attending an event or gathering](#), prepare before you go by checking with the organizer or event venue for updated information about any COVID-19 safety guidelines and if they have steps in place to prevent the spread of the virus. Use social distancing and limit physical contact, wear masks, and limit contact with frequently touched surfaces.

Gathering Preparation Tips



Visiting Parks and Recreational Facilities

Protect yourself and others from COVID-19 when [visiting parks and recreational facilities](#). Visit areas that are close to your home, avoid crowded parks or campgrounds, stay at least 6 feet away from people you don't live with, wear a mask, and wash your hands often.

Ways to Stay Safe at the Park



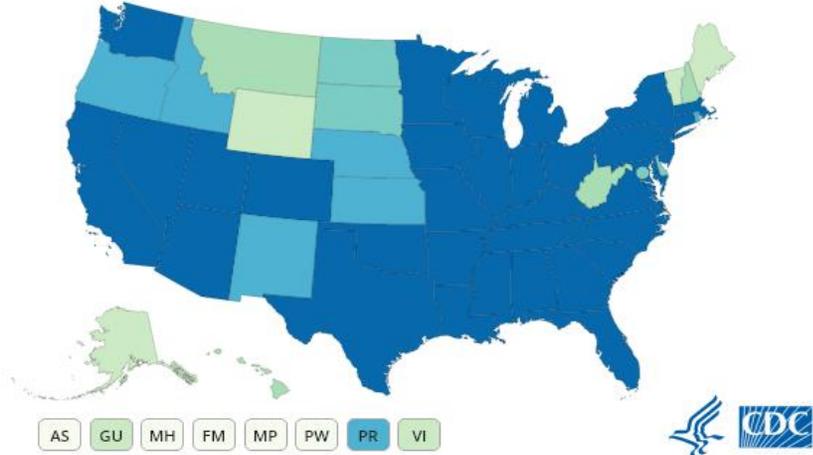
Hosting Gatherings or Cook-outs

Help prevent the spread of COVID-19 when [hosting gatherings or cook-outs](#). Remind guests to stay home if they're sick, host gatherings outdoors if possible, arrange chairs to allow for social distancing, and don't shake hands, give hugs, or do elbow bumps.

Tips to Keep Guests Safe

Coronavirus Disease 2019 (COVID-19) in the U.S.

CDC provides updated U.S. case information online daily.



U.S. Cases

As of August 31, 2020

In the United States, there have been 5,972,356 confirmed cases of COVID-19 detected through U.S. public health surveillance systems in 50 states and the District of Columbia, Puerto Rico, Guam, the Northern Marianas Islands, and U.S. Virgin Islands.



Centers for Disease Control and Prevention

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