



# CORONAVIRUS DISEASE 2019 (COVID-19)

[CDC.gov/COVID-19](https://www.cdc.gov/COVID-19)

## August 17, 2020

This message includes updates on the [COVID-19](https://www.cdc.gov/COVID-19) response from CDC. The COVID-19 Outbreak is a rapidly evolving situation and information will be updated as it becomes available.



## Duration of Isolation and Precautions for Adults with COVID-19

At this time, we do not know if someone can be re-infected with COVID-19. Data to date show that a person who has had and recovered from COVID-19 may have low levels of virus in their body for up to 3 months after diagnosis. This means that if the person who has recovered from COVID-19 is retested within 3 months of initial infection, they may

continue to have a positive test result, even though they are not spreading COVID-19.

[Learn More](#)



## Interim Guidance for Rapid Antigen Testing for SARS-CoV-2

Note: Antigen tests can be used in a variety of testing strategies to respond to the COVID-19 pandemic. This interim guidance is intended for clinicians who order antigen tests, receive antigen test results, and/or perform point-of-care testing, as well as for laboratory professionals who perform antigen testing in a laboratory setting or at the point of care and report those results.

[Access the Interim Guidance](#)



## Coping with Stress

The COVID-19 pandemic may be stressful for people. Fear and anxiety about a new disease and what could happen can be overwhelming and cause strong emotions in adults and children. Public health actions, such as social distancing, can make people feel isolated and lonely and can increase stress and anxiety. However, these actions are necessary to reduce the spread of COVID-19.

[Learn more about coping with stress](#)



## Hand Hygiene

Hand hygiene is an important part of the U.S. response to the international emergence of COVID-19. Practicing hand hygiene, which includes the use of alcohol-based hand rub (ABHR) or handwashing, is a simple yet effective way to prevent the spread of pathogens and infections in healthcare settings.

[Learn more about hand hygiene](#)



## Guidance for General Laboratory Safety Practices during the COVID-19 Pandemic

This guidance is to address the general workflow safety concerns of laboratory personnel during the COVID-19 pandemic. All laboratories should perform site- and activity-specific risk assessments to determine the most appropriate safety measures to implement for particular circumstances. In addition, facilities should adhere to local policies and procedures as well as all applicable federal, state, and local regulations and public health guidelines.

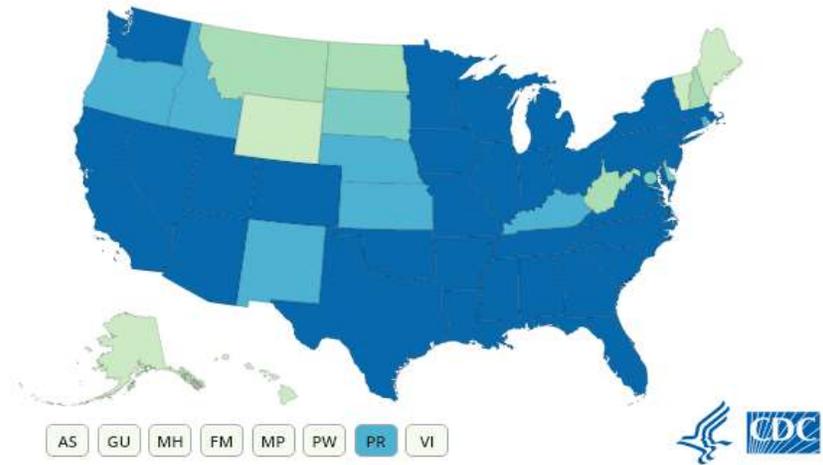
[Access the Guidance](#)

Coronavirus Disease 2019 (COVID-19) in the U.S.

### As of August 17, 2020

In the United States, there have been 5,382,125 confirmed cases of COVID-19 detected through U.S. public health surveillance systems in 50 states and the District of Columbia, Puerto Rico, Guam, the Northern Marianas Islands, and U.S. Virgin Islands.

CDC provides updated U.S. case information online daily.



## [U.S. Cases](#)



### Centers for Disease Control and Prevention

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